

## Schedule

- 8:30 AM Registration and refreshments  
8:55 AM Welcome and introductions: Bob Albiston  
9:00 AM *Birth Narratives & Myths of Origin*: Dr. Aron  
12:00 PM Lunch  
1:00 PM *The Emergence of the Relational Tradition in Psychoanalysis*: Dr. Aron  
3:15 PM *Rethinking Psychotherapy and Psychoanalysis for Our Time*: Dr. Aron  
4:30 PM Complete evaluations  
*There will be two 15-minute breaks during the program day.*

## Educational Objectives

1. To describe how exploration of fantasy facilitates the work of therapy and identify how specific fantasies concerning one's origins and birth can be meaningfully explored in psychotherapy.
2. To describe interactional patterns of the patient and therapist's fantasy systems and how this contributes to therapy process.
3. To identify the key principles of relational psychotherapy and psychoanalysis; and to reconceptualize the distinction between classical and relational perspectives on these two approaches.

**Program Description:** In the morning session, Dr. Aron will elaborate on narratives of one's origin and birth. His emphasis will be on stories and fantasies related to the individual's birth into the context of his or her family system by following process notes taken on one patient's three consecutive birthdays. The patient's birth related fantasies are shown to interact with the therapist's concordant and complementary fantasies. The first afternoon session will

discuss the vast sea change in American psychoanalysis over the past twenty years. Dr. Aron will discuss the movement away from psychoanalytic theorizing grounded in Freud's drive theory towards models of mind and development grounded in object relations concepts. He will then discuss how relational psychotherapy has emerged from traditional psychoanalytic approaches and describe its current status. The final afternoon session will review the traditional understanding of the differences between psychotherapy and psychoanalysis and will contrast this with a relational approach. Drawing on feminist and gender theory, Dr. Aron will rethink this and many other traditional dichotomies leading to a reexamination of modern psychotherapeutic theory and practice.

**Presenter:** Lew Aron is the director of the Postdoctoral Program in Psychotherapy and Psychoanalysis at New York University. He has served as president of the Division 39, and is the Founding President of the International Association for Relational Psychoanalysis and Psychotherapy. He has written extensively in the area of relational psychoanalysis and is one of the foremost exponents of what he has described as the emergence of this new tradition in psychoanalysis.

**Participants:** This seminar is open to all APS members and interested mental health professionals who may not be members. It is not limited to individuals practicing in a predominately psychoanalytic mode.

**Reception:** A reception for Dr. Aron will be at 7PM at the home of Bill MacGillivray, 5601 Westover Dr. Knoxville, TN. Directions will be given at the conference. All conference attendees are invited.

**APS Contact:** APS and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Please contact Robert Albiston, Ph.D. 865-376-1585 x105 with any questions, comments, or concerns.

**Continuing Education:** This program is offered for 6 continuing education credits (6.0 CE). Participants must attend 100% of the program. Upon completion of a workshop evaluation form, a certificate will be issued. This serves as documentation of attendance for all participants. Psychologists will have their participation registered through Division 39. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for the program and its content.

APS and Division 39 are committed to conducting all activities in strict conformity with the American Psychological Association's Ethical Principles for Psychologists. If you have concerns about the program, please contact Robert Albiston, Ph.D. 865-376-1585 x105.

If you would like to become an APS member, please fill in below and send a check for \$50 (professional) or \$25 (scholar or student in mental health graduate program).

Degree/Discipline: \_\_\_\_\_

University: \_\_\_\_\_

Licensed as: \_\_\_\_\_

License Number: \_\_\_\_\_

Div. 39 Member? Yes  No

Formal Analytic Training: Yes  No

Describe: \_\_\_\_\_

### Conference Fees

Early Registration (received by October 13):

- Professional and Scholar Members \$125
- Student Members \$30

After October 13 and at the door:

- Professional and Scholar Members \$140
- Student Members \$40
- Non-member Professionals and Scholars \$160
- Non-member Students \$50

Fees include lunch and refreshments. While you may pay at the door, it would be helpful to register by mail or e-mail by Saturday October 13, so that we may better plan seating and refreshments. You may contact Jeff Slavin, Ph.D. at 865-982-6370 or DrRJeffSlavin@comcast.net. Refunds honored with written notice at least 24 hours before date of seminar. Contact Robert Albiston, Ph.D., APS President, at (865-376-1585, x105) to negotiate fees, if needed.

### Registration form

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Would you like to add a gift to the Graduate Students Assistance Fund? These gifts may qualify as charitable donations. Donation amount \_\_\_\_\_

Registration: \_\_\_\_\_  
Membership Dues \_\_\_\_\_  
GSAF \_\_\_\_\_  
**TOTAL enclosed:** \_\_\_\_\_

Complete and mail with check to:

APS  
R. Jeff Slavin, Ph.D.  
305 Westfield Dr.  
Knoxville, TN 37919

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305 Westfield Dr.  
Knoxville, Tennessee 37919

# Fall Conference

of

## APPALACHIAN PSYCHOANALYTIC SOCIETY

*A Local Chapter of the Division of  
Psychoanalysis of the American  
Psychological Association  
Welcoming Mental Health Professionals  
from All Discipline*

**LEWIS ARON, PHD, ABPP**

# New Directions in Relational Psychotherapy

**Saturday, October 20, 2007  
8:30 AM to 4:30 PM**

Rothchild Conference Center  
8807 Kingston Pike  
Knoxville, Tennessee 37923  
(865) 690-0103

